

INDIAN INSTITUTE OF AYURVEDIC MEDICINE & RESEARCH, BENGALURU

TIMETABLE – FIRST PROF UG 2025-26

DAYS	9:00-10:00am	10:00 –11:00am	11:00– 11:10 am	11:10 –12:00 pm	12:00 –1:00pm	1:00– 2:00pm	2:00 -4:00 pm
MONDAY	KS 1/2 Dr. Chaithra NLHT	RS 1/2 Dr. Uma LH	INTERVAL	PV 1/2 Dr. Harshita LH	LIBRARY	LUNCHBREAK	NLHP RS Dr. Uma
TUESDAY	SNAI LH	RS 1/2 Dr. Uma LH		KS 1/2 Dr. Chaithra LH	SPORTS		NLHP RS Dr. Uma
WEDNESDAY	SNAI LH	RS 1/2 Dr. Uma LH		KS 1/2 Dr. Chaithra LH	SA-1 Dr. Harshita LH		NLHP RS Dr. Uma
THURSDAY	SNAI NLHP	RS 1/2 Dr. Uma NLHT		KS 1/2 Dr. Gayatri LH	PV 1/2 Dr. Harshita NLHT		NLHP KRIYA Dr. Chaithra (Batch A) SA-1 Dr. Harshita (Batch B)
FRIDAY	SNAI LH	SA-1/SHLOKA CHANTING Dr. Harshita NLHT		KS 1/2 Dr. Gayatri LH	RS Dr. Sukanya LH		NLHP KRIYA Dr. Chaithra (Batch B) SA-1 Dr. Harshita (Batch A)
SATURDAY	SNAI NLHT			KS-1/SHLOKA CHANTING Dr. Chaithra	RS Dr. Sukanya LH		NLHT/NLHP - PV Dr. Harshita